

PAID PARTICIPATION

FREE GROUP COUNSELLING

Have you had problems with alcohol use in the past but no major problems with alcohol within the last year? (Previous use of other substances does not affect eligibility)

Are you planning for or currently undergoing life transitions (i.e., change in values, beliefs, interests, career, social networks and location etc.) ?

Are you interested in participating in a series of free in-person group counselling sessions regarding your life transitions to promote wellbeing after recovery?

Are you 19 years of age or older and able to attend in-person group sessions?



**JOIN OUR
RESEARCH!**

PARTICIPANTS WILL BE PAID UP TO \$120 TO COMPLETE A SERIES OF QUESTIONNAIRES BEFORE AND AFTER THE GROUP SESSIONS!

**GROUPS WILL BE LOCATED IN VANCOUVER (STARTING OCTOBER 17TH)
AND SURREY (STARTING OCTOBER 15TH)**

INTERESTED OR WANT TO LEARN MORE?

Please contact our research team at
604-822-8953 OR bedi.lab4@ubc.ca

<https://bedi.ecps.educ.ubc.ca/for-research-participants/>

Recovery Transitions
Principal Investigator: Robinder Bedi, PhD
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****Free group counselling is provided as part of a UBC research study****

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